

Daily Schedule

2022-2023

Start Time	Time Blocks
8:00 AM	30m

TIME	MONDAY			TUESDAY			WEDNESDAY	
4:30 PM	A	C	4:30 PM	A Acro 1	C Clogging 1 Katie 4:30-5:15	4:30 PM	A	C
	B	D Competition		B	D Ballet 3 Amy		B	D Modern Tracy
5:00 PM	A	C Tap 2 Sarah (45m)	5:00 PM	A Acro 1	C Clogging 1 Katie 4:30-5:15	5:00 PM	A	C
	B Ballet 1 Shanae'a	D Ballet 2 Amy (helper)		B	D Ballet 3 Amy		B Ballet Transition Shanae'a (45m)	D Modern Tracy
5:30 PM	A	C Tap 2 Sarah	5:30 PM	A Acro -Boys	C Clogging - Adult Katie 5:30-6:30	5:30 PM	A	C
	B Ballet 1 Shanae'a	D Ballet 2 Amy		B Contemporary 1 Shanae'a	D Ballet 3 Amy		B Ballet Transition Shanae'a	D Hip Hop Teen Tracy
6:00 PM	A TKD	C	6:00 PM	A Acro -Boys	C Clogging - Adult Katie 5:30-6:30	6:00 PM	A TKD	C
	B Intro To Ballet Shanae'a	D Performance		B Contemporary 1 Shanae'a	D		B Ballet 1 Shanae'a	D Hip Hop Teen Tracy
6:30 PM	A TKD	C	6:30 PM	A Acro 2	C Clogging 2 Katie	6:30 PM	A TKD	C
	B Intro To Ballet Shanae'a 6-6:45	D Performance		B Ballet Transition Shanae'a (45m)	D Ballet - Boys Amy (Amber)		B Ballet 1 Shanae'a	D

TKD

Acro 2

Clogging 2
Katie

TKD

TIME	MONDAY			TUESDAY			WEDNESDAY	
7:00 PM	A (Ballroom)	C Strength and Conditioning Sarah	7:00 PM	A Shanae'a	C Ballet - Boys Amy	7:00 PM	A Shanae'a	C
	B TKD (Ballroom)	D Strength and Conditioning		B Acro 3	D		B TKD	D
7:30 PM	A	C Sarah	7:30 PM	A	C	7:30 PM	A Shanae'a	C
	B	D		B Acro 3	D		B	D
8:00 PM	A	C	8:00 PM	A	C	8:00 PM	A	C
	B	D		B	D		B	D
8:30 PM	A	C	8:30 PM	A	C	8:30 PM	A	C
	B	D		B	D		B	D

	THURSDAY			FRIDAY	
4:30 PM	A	C	4:30 PM	A	C
	B	Ballet 3 Amy		B	D
5:00 PM	A Hip Hop Mini Tracy	C Tap 1 Sarah	5:00 PM	A	C
	B	Ballet 3 Amy		B	D
5:30 PM	A Hip Hop Mini Tracy (45m)	C Tap 1 Sarah	5:30 PM	A	C
	B	Ballet 3 Amy		B	D
6:00 PM	A Hip Hop Jr Tracy	C Intro To Ballet Sarah 5:45-6:30	6:00 PM	A	C
	B Contemporary 2 Tra and Sha	D Pointe Amy		B	D
6:30 PM	A Hip Hop Jr Tracy	C Irish	6:30 PM	A	C
	B Contemporary 2 Tra and Sha	D Pointe Amy		B	D

Dance Fitness
Tracy

Irish

	THURSDAY			FRIDAY	
	Jazz 2 Sarah	Jazz 3 Tracy and Sha	7:00 PM	A	C
	Dance Fitness Tracy	Irish D		B	D
7:30 PM	Jazz 2 Sarah	Jazz 3 Tracy and Sha	7:30 PM	A	C
	B	D		B	D
8:00 PM	A	C	8:00 PM	A	C
	B	D		B	D
8:30 PM	A	C	8:30 PM	A	C
	B	D		B	D

MDSA Daily Schedule

2022-2023 Season

**classes are 60 minutes long unless otherwise indicated*

Morning Classes

TIME	TUESDAY	WEDNESDAY
10:00 AM		Tiny Tumblers (3.5-6 yrs) 10-10:45 AM
11:00 AM		Acro- Tumbling for Homeschoolers (6-17 yrs) 11-12 PM, Introduction to Ballet (3-5 yrs) 11-11:45 AM
11:15 AM	Introduction to Ballet (3-5 yrs) 11:15-12 PM	
2:00 PM	Tiny Tumblers (3-5 yrs) 2-2:45 PM	

Evening Classes

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
4:30 PM	Competition Team**	Acro 1 (6-14 yrs), Youth Clogging (6-12 yrs), Senior Ballet 4:30-6 PM	Modern/Contemporary (12-17 yrs)	Senior Ballet 4:30-6:00
5:00 PM	Ballet 1 (8+yrs) 5:00-6:00 Ballet 2 5:00-6:00			Hip Hop Mini (4-7 yrs) 5:00-5:45 Tap- Beg/Int (6-10 yrs) 5:00-5:45
5:15 PM	Tap- Int/Adv 5:15-6 PM		Ballet Transition (5-7 yrs) 5:15-6 PM	
5:30 PM		Boys Tumbling (8-16 yrs), Contemporary 1 (7-10 yrs)	Hip Hop Teen (12-18 yrs)	Hip Hop Junior (7-11 yrs), Ballet Pointe* Contemporary (10-14 yrs),
5:45 PM				Intro to Dance (3-5 yrs) 5:45-6 PM
6:00 PM	Performance Team** Intro to Ballet (3-5 yrs) 6:00-6:45		Ballet 1 (8+ yrs)	
6:30 PM		Acro 2 Boys Ballet (8-16 yrs) 6:30-7:30 Advanced Clogging Ballet Transition (5-7 yrs) 6:30-7:15 PM		
7:00 PM	Strength & Stretch 7:00-7:45		Jazz 1 (6-10 yrs)	Jazz 2 Jazz 3
7:30 PM		Acro 3		

*Invitation Only

**Audition Required

TIME	MONDAY			TUESDAY	WEDNESDAY	THURSDAY
4:00 PM						
4:30 PM				Acro 1 (6-14 yrs), Youth Clogging (6-12 yrs), Senior Ballet 4:30-6 PM	Modern/Contemporary (12-17 yrs)	Senior Ballet 4:30-6:00
5:00 PM			Ballet 1 (8+yrs) 5:00-6:00	Ballet 2 5:00-6:00		Hip Hop Mini (4-7 yrs) 5:00-5:45 Tap- Beg/Int (6-10 yrs) 5:00-5:45
5:15 PM		Tap- Int/Adv 5:15-6 PM			Ballet Transition (5-7 yrs) 5:15-6 PM	
5:30 PM				Boys Tumbling (8-16 yrs), Contemporary 1 (7-10 yrs)	Hip Hop Teen (12-18 yrs)	Hip Hop Junior (7-11 yrs), Ballet Pointe* Contemporary (10-14 yrs),
5:45 PM						Intro to Dance (3-5 yrs) 5:45-6 PM
6:00 PM			Intro to Ballet (3-5 yrs) 6:00-6:45		Ballet 1 (8+ yrs)	
6:30 PM				Acro 2 Boys Ballet (8-16 yrs) 6:30-7:30 Advanced Clogging Ballet Transition (5-7 yrs) 6:30-7:15 PM		
7:00 PM					Jazz 1 (6-10 yrs)	Jazz 2 Jazz 3
7:30 PM				Acro 3		
8:00 PM						